



**Netherlands Au Pair Organisation
(NAPO)**

Regulations IIIA :

Establishing a list of light household chores that may/may not be expected of the au pair by the host family

Second amended version as determined by the General Member's Assembly on June 11th 2005

Light household chores:

- * Washing dishes
- * Loading and unloading the dishwasher
- * Preparing simple meals
- * Keeping the kitchen in order and general tidying up
- * Shopping for light groceries
- * Loading laundry into the washing machine
- * Packing away laundry/clothes
- * Ironing
- * Tidying and cleaning of children's room(s)
- * Tidying and cleaning of own room(s)
- * Tidying and cleaning in general
- * Vacuuming
- * Dusting
- * Keeping floors clean
- * Taking out garbage but only on the ground floor
- * Walking and feeding pets
- * Watering plants and taking care of plants/flowers
- * Making and changing beds